

LENT INFORMATION

ASH WEDNESDAY WORSHIP

We will mark the beginning of our Lent journey on Ash Wednesday with worship at both 12 noon and 7:30 p.m. Both services will include the imposition of ashes and communion. We look forward to you joining us for worship on February 10.

MIDWEEK LENT

SOUP SUPPER AND WORSHIP

Each Wednesday in Lent following Ash Wednesday, we invite you to gather for a soup supper and discussion at 6:30 p.m. in Creighton Hall. The soup supper will be followed by Evening Prayer in the sanctuary at 7:30 p.m. The first gathering will be held on February 17. You are welcome to join us for both – or come and join us at the start of worship. Please look to the February newsletter and the *Reformation Times Lite* on Sundays for additional details about these midweek gatherings in Lent.

LENT STUDY GROUPS

This year's Lent study is called *What Wondrous Love: Holy Week in Word and Art*. Information about group meetings can be found in the Lent mailing, the weekly Ref Times Lite and at the church office. Participant books are available in the gathering space outside of the sanctuary. Please sign up as soon as possible so that our group leaders are able to prepare.



FIRST COMMUNION CLASSES

First Communion Classes will be held on three consecutive Saturday mornings from 9:00 – 10:30 a.m. The dates of the classes are March 5, 12 and 19. The final class time will include bread baking.

These classes are for students in grades K-2. Parents of younger or older students should speak to Pastor Alina. Students of all ages should plan to be at the final class on March 19.

It is our practice at Reformation that children receive their first communion at the desire of their parents. These classes will be for parents and the students preparing to receive communion. Students will receive their first communion on Palm Sunday, which will be celebrated on March 20.

If you have any questions, would like more information, or to register you and your child for the classes please contact Pastor Alina.



During the season of Lent, the Sermon on the Steps will be in its regular spot in worship – following the gospel reading.

In addition to coming up to join a pastor for the Sermon on the Steps, the children will also be invited up to join the presiding pastor at the time of the Great Thanksgiving at the beginning of the communion liturgy. The children will be invited to stand around the altar with a pastor throughout the communion liturgy and can return to their seats with their families after the Lord's Prayer.

C H U R C H H L I F E

MARKETING & GROWTH ADULT FORUM Sunday, February 21

Marketing and Growth will be hosting the Adult Forum on February 21 as a celebration for our newest Reformation Members this past year and a half. All are invited, both existing and new members alike! We'll have a social gathering in the Creighton Hall to meet each other, enjoy scrumptious treats and friendly icebreakers/trivia and learn about many new activities happening in our ever growing church. Look for more details in the Reformation times Lite and on the website at www.relcmmedia.org

ALTAR CARE

We are still seeking men and women who would be able to assist with Altar Care.

Duties are shared, set up is flexible and time spent is minimal. The greatest need is cleaning up after the second service.

If you are interested in learning more, please contact Barb Williams at lucky2165@verizon.net or 610-358-9212 (after 5 pm).

PUB THEOLOGY

Martin Luther notably took many conversations about life and faith out of the church building and often had these discussions over glasses of beer in the local tavern.

In continuing with that great tradition of Luther, you are invited to some conversation at Pub Theology on **Sunday, February 28, at 7:30 p.m. at Quotations in Media.**

At Pub Theology we gather with questions, thoughts and ideas about faith and life and to share them with each other. This means we will be discussing any questions or topics that are of interest to you! All are welcome!

STAFFING UPDATE

On January 4 **Anna Guy** began serving as our Administrative Assistant for Communications. She will normally be in the office Monday through Friday, 12:00 – 4:30. She replaces Roseann Christian who was with us for a few months but felt that the position was not a good fit for her. Please welcome Anna when you speak with her.



BOY SCOUT SUNDAY- FEBRUARY 7

All boys (and adult leaders) who are involved in Boy Scouts (including Cubs) are invited to attend worship in uniform on Boy Scout Sunday, February 7. Worship on that day will include recognition of those involved in scouting.

GIRL SCOUT SUNDAY – MARCH 6

All girls (and adult leaders) who are involved in Girl Scouts are invited to attend worship in uniform on Girl Scout Sunday, March 6. Worship on that day will include recognition of those involved in scouting. Girl Scout Sunday is the official start of Girl Scout Week, March 6-12.

Know Your Church Council

President: Marian Filtz Vice President: Karen Chorney
Secretary: Keith Bocian Treasurer: Tom Conroy
Members:

Alexis Bingeman, Ron Bingeman, Emily Black, John Chesters, Kate Fernandez, Matt Gane, Kristin Gress, Eric Lucas, Andrew Marcus, Kathy Schmick, Pastor Alina Gayeuski, Pastor Wayne Matthias-Long

Newsletter Submission

Articles for the Reformation Times should be emailed to Sandy Niss at reformationnews@gmail.com by the second Friday of each month.

C H U R C H L I F E

PARISH NURSE



Pat Woerheide

This month I will continue First Aid with a review of burn care. First, ask the injured what happened and if you can help. Make sure that the reason for the burn has been stopped or the person has been moved out of harm. Remember if there is fire involved, use stop, drop, and roll techniques.

Next determine the severity of the burn. Generally burns are categorized as first, second and third degree burns. First degree involves only the outer most layer of skin. Symptoms include pain, redness and swelling. These are minor burns and are only dangerous when large or filled with debris. Second degree burns occur when the first layer of skin is burned through to the dermis or second layer of the skin. Symptoms include severe pain, blisters and the wound is bright red or splotchy. When a second degree burn is less than three inches in diameter it is considered minor. When it is large or involves hands, feet, private areas or a major joint. Call 911.

The treatment for minor burns is the following:

- Cool the burn with cool water for ten to fifteen minutes, or until the pain stops. Immerse the burn in water if possible or cool compresses can be applied if clean or sterile. Cooling stops the burn and decreases swelling.
- Next, cover the burn with sterile gauze. Don't use fluffy material or anything that might contaminate the burn. Wrap loosely and avoid pressure. This will prevent infection, protect blisters and decrease pain.
- Watch for signs of infection, including Increased pain, swelling, redness or fever. Call a doctor if any of these occur.

Some pigment changes can occur with burns. Avoid tanning or re-injury for one year. Use sun block. Don't use ice because it may cause more damage. Don't apply egg white, butter or ointment, which can hold in the heat or cause infection. Try not to break a blister, it is a protection for the burn.

Third degree or large second degree burns are serious.

YOUNG ADULTS' GROUP (20'S, 30'S, +)

Saturday, February 20th at 1pm the the Bocians will be hosting another Fondue Fellowship Event at their home. They will provide chocolate and cheese fondue, some drinks, and would like to request that guests bring dippers to share. Some suggestions; For chocolate fondue, strawberries, cake (pound or angel food), and for the cheese fondue; bread, veggies or anything else you can think of.

Kids and friends are welcome as well! If you have a favorite board game, feel free to bring it along. If we get enough kids, we will consider hiring a babysitter - TBD by those attending.

(If you are not on our evite list, please email jtroutman2@yahoo.com to be added. Address and more details are on the evite.)

THANK YOU

O Give Thanks to the Lord, for he is good. Psalms 13.6:1

Thank you for your prayers, cards, phone calls and visits during my recent illness. I am truly blessed to have the love and caring of my church family.

~ Rachel Irvine

Call 911. All layers of skin are involved with tissue damage. The burn may look black or charred or white. Watch for breathing difficulty from smoke and heat. While waiting for the emergency crew, make sure you and the victim are safe, don't remove clothing, don't immerse large burns in water because this may cause shock. Check breathing and circulation. Begin CPR if necessary. If you can, elevate wounds above heart level. Cover the wound with cool moist sterile gauze or clean towels if possible. Stay with the victim until emergency personnel arrive. Try to help the victim remain calm. Victims should be aware that tetanus is possible when burns occur. They should call their doctor for immunizations. Go to mayoclinic.com, for more information.

C H U R C H L I F E



Music Notes...

Valerie Rozek, Director of Music

CHANCEL CHOIR

Believe it or not, Lent and Easter are right around the corner! The Chancel Choir will begin learning and rehearsing new music for Lent starting in February. Would you like to join the Choir for a short time, give it a try? Maybe you are not ready for a fulltime commitment but would consider being a seasonal singer? We all would love to have you join us for the Lent and Easter seasons! Choir rehearsals are Wednesday evenings at 7:30 pm in the choir room. Rehearsals last approximately an hour and a half. Come join us for music, fellowship and fun!

If you would like to contact me about joining, I can be reached at 440-478-8163 or talk to me on Sunday morning.

Soli Deo Gloria.

READ ALOUD PROGRAM

Talking and reading to young children is one of the best ways to build vocabulary, stimulate interests, and help them to learn. Recently, some members of Reformation took part in a Read Aloud program at Main Street School of the Chester Upland School District. This program was in conjunction with a short-term Parents First program held at the site by Chester Eastside Ministries. RLC members used a grant from Thrivent Financial to buy several dozens of appropriate books, plus stuffed animals to accompany some of the books. Over a period of 10 weeks, they not only read to the enthusiastic children, but the children got to take home books and animals to read again over and over!

This short-term program is finished, but the five RLC members involved would like to continue at other sites in Chester. Anyone who is interested in reading to young children, or in tutoring school-age children, should speak to either Sandy Coll or Edna Bogert about it.

MUSIC CAMP

Save the date for Reformation's new Summer Music Camp! The camp will be held from June 27-July 1. Students who are currently in grades 3-7 are eligible to attend. High school students will be able to apply for counselor positions. Look for more information in the new year!

YOUTH GROUP 2016 SCHEDULE

Mark your calendars for our upcoming Youth Group events in 2016!

February 20	Glow Bowling
March 4-6	Harvey Cedars
April 10	Hike in Ridley Creek



OWLS

OUTSTANDNG, WISER, LUTHERANS

January can be treacherous time for older folks, indoors and out. RLC member, Steve Hess, gave a pertinent presentation on safety measures to those in attendance at the OWLs January meeting. His good advice and ideas on safety was well received and appreciated!

On February 8 Margie Gibson will speak about Everyday Miracles (which also happens to be the title of her latest book!) Margie has written several autobiographical books, and she thinks others should do the same! She'll encourage members and suggest ways to tell their own stories.

Later this year, we look forward to programs on art, music, and the secret to happiness! Save the second Mondays at 12:30 to 2:30 for food, fellowship, and a variety of interesting presentations in Creighton Hall. Members and guests of all ages are always welcome!

STUDENTS TO PREPARE MEALS FOR AID FOR FRIENDS

On February 28th, the Sunday School and Confirmation students will again be preparing meals to donate to *Aid For Friends*. They need your help. Cooked (but not frozen) meat loaves, boxes of instant mashed potatoes, cans of vegetables, and gravy are needed to prepare the meals. The older students will package, label, and wrap up the meals. The younger children will make cards to include with the meals.

Look for sign-up sheets in the Sunday Bulletin. We appreciate your support for this important ministry. *Aid For Friends* provides meals to elderly shut-ins free of charge. Volunteers make the meals, and volunteers deliver the meals and spend time visiting with the shut-ins. Last year, the students and congregation members of Reformation provided over 450 meals and soups for *Aid For Friends*.

ALWAYS IN MISSION OFFERING ENVELOPES IN PACKET

Please note that contributions to the Always in Mission campaign can be made in any of several ways. Some are making their contributions on an annual or monthly basis. Others are doing so on a weekly basis. The quarterly offering envelope packet which is mailed to your home contains two Mission Campaign envelopes each month. These can be used by those who wish to make their contribution on a regular basis in this way. Those who wish to make their contributions each week can pick up more Mission Campaign envelopes in the narthex or contact the church office to have more sent. Mission Campaign contributions can also be included with your regular Annual Fund offering (be sure to note your intention on the envelope). Thank you for your generous support of the mission campaign.

VACATION BIBLE SCHOOL

Save the date for our Deep Sea Adventure! July 10-14, 2016!

MARK E. DAVIS SCHOLARSHIP

The Mark E. Davis Scholarship was established by The Rev. William and Irene Davis, following the death of their son, Mark. The scholarship is a one-year scholarship to a four-year college or university awarded to a member(s) of Reformation Lutheran Church. Applicants can be high school seniors or currently attending a college or university. The scholarship is awarded to an applicant(s) who demonstrate a high level of academic, religious, and community-oriented commitment and achievement. The scholarship is awarded annually in July.

Applications for the 2016-2017 academic year may be obtained from the counter in the church narthex or by contacting Gary Kamin by email at gdkamin@verizon.net. All applications and support materials must be received or postmarked by May 1, 2016 deadline. **Applicants should be aware that requesting transcripts and letters of recommendation can take extra time and should plan accordingly in order to meet the deadline.**

Applications can be left at the church office c/o Mark E. Davis Scholarship Committee to the attention of Gary Kamin, or emailed to Mr. Gary Kamin at gdkamin@verizon.net, or mailed and postmarked by May 1, 2016. Applications not received by this deadline will not be considered.

Mailing address:

Mark E. Davis Scholarship Committee
c/o Gary Kamin
Reformation Lutheran Church
102 West Rose Tree Road
Media, PA 19063

Any questions can be addressed to committee members.

Sandy Coll Ellen Conroy
Evan Davis Gary Kamin Rebecca Prince

SCHOLAR IN RESIDENCE Saturday, April 2, 2016, 9:00-3:00 "Art Serving Faith"

Using a combination of lecture and discussion, Dr. Hougen will guide participants in exploring four ways that art serves faith. The session titles are: Life-Giving Art, Prayerful Looking, The Art of Interfaith Understanding, and The Art of Bible Study.

During the first morning session, each of us will have the opportunity to bring (or describe) a work of art and reflect on its significance for us. It could be almost anything that has meaning: a grandchild's drawing from the refrigerator door, a collectible, or a work of fine art. The second morning session will be devoted to contemplating art, learning how to look at art in such a way that looking becomes prayer.

Art is a splendid resource for learning about diverse faith traditions: helping us understand and respect other faith traditions, and bringing us to a deeper relationship with our own. During the first afternoon session, we will see and discuss art from Judaism, Islam, Buddhism, and Hinduism.

The last session of the day will explore works of art that illustrate or illuminate the Bible. Adapting the method of Bible Study developed by Saint Ignatius Loyola several centuries ago, we will practice one way of using art to help us discern the relevance of a text for our lives.



Scholar in Residence 2016
Rev. John B. Hougen, PhD
jbh@interfaithcenterpa.org

John Hougen is an ordained pastor of the Evangelical Lutheran Church in America. He also has taught as an adjunct professor at the University of South Carolina and Lutheran Theological Southern Seminary, and has been a guest lecturer and writing tutor at the Lutheran Theological Seminary in Philadelphia.

His life-long involvement in the arts and spirituality led him to receive degrees from Luther College, Harvard Divinity School, and the University of Virginia where he

NEWS FROM THE LIBRARY

What's a Library Good For?

Quite a lot it appears:

"The library...is a passport to wonders and miracles, glimpses into other lives, religions, experiences, the hopes and dreams and strivings of all human beings..."
(Libba Bray)

"A library is the delivery room for the birth of ideas, a place where history comes to life." (Norman Cousins)

"Everything you need for a better future and success has already been written. And guess what? All you have to do is go to the library." (Henri Frederic Amiel)

Visit the Reformation Library – the range of things you can find is substantial, from a good novel or audiobook to thoughtful works on religion and leading an inspired life. It's a quiet spot to read, meditate or just take a break from being busy.

THIS MONTH'S FEATURE

If you are looking for a riveting real-life story, try out the 11-disc set of *The Untold Stories of 33 Men Buried in a Chilean Mine, and the Miracle That Set Them Free* by Hector Tobar.

When the San Jose Mine collapsed outside of Copiapo, Chile in August 2010, it trapped 33 miners beneath thousands of feet of rock for 69 days. The entire world watched what transpired aboveground during the grueling and protracted rescue, but the saga of the miners' experience below the Earth's surface – and the lives that led them there – has never been heard until now.

received the PhD in Religion and Literature in 1988. John has been a volunteer docent at the Philadelphia Museum of Art for 10 years with a special interest in art's contributions to religious expression and spiritual experiences.



“Be with us through this season, Lord, and all our earthly days, that when the final Easter dawns, we join in heaven’s praise.” – O Lord, Throughout These Forty Days, ELW Hymn No. 319

This year it seems like our Christmas celebrations just ended in time for our observation of Lent to begin! Regardless of how soon it will start, Lent always offers a special opportunity for us to reflect on our journey to the cross and to look with joy and anticipation as we gather at the empty tomb on Easter morning.

We will begin our Lenten journey this year on February 10 as we gather for our Ash Wednesday worships. On the Wednesdays following throughout Lent, we will gather for soup suppers and evening prayer. Then, in Holy Week, we will hear again the passion of Christ as we walk through the three days that lead us to our triumphant Easter celebration.

Also, we will once again be offering small group study opportunities. This year’s study will look at the scripture through art as we hear the stories that lead us through the season of Lent – to the cross and then to the empty tomb. We hope that you will sign up and join one of these study groups.

Lent is a wonderful time for us to be reminded of God’s love through our fellowship, worship, and through the many opportunities we have to hear and reflect on God’s abundant grace and mercy throughout the days ahead.

Blessings as we begin our Lenten journey together!

Pastor Alina Gayeuski

Called by Christ, we INVITE all people, SERVE our neighbors, BUILD a living Faith



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Sunday Worship: 8:30 a.m. & 11:00 a.m.
Sunday School for all ages at 9:45 a.m.
Summer Worship: 8:30 a.m. & 10:00 a.m.

Pastors

The Rev. Wayne A. Matthias-Long
The Rev. Alina S. Gayeuski

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FAX: 610-566-7036
www.relcmedia.org

REFORMATION TIMES

Volume 37, No. 2

FEBRUARY 2016

Sunday Worship Schedule

8:30 am and 11:00 am - Holy Communion
9:45 am Sunday School for ALL Ages

Wednesdays in Lent

Feb. 17, 24, March 2, 9, 16
6:30 pm Soup Supper
7:30 pm Evening Prayer

Sunday, Feb. 7

Boy Scout Sunday
Transfiguration of our Lord
Farewell to Alleluia

Wednesday, Feb. 10

Ash Wednesday
Services at Noon and 7:30 pm

Sunday, Feb. 14

1st Sunday in Lent

Sunday, Feb. 21

2nd Sunday in Lent

Sunday, Feb. 28

3rd Sunday in Lent