



The  
**LGBTQ+**  
**RESOURCE GUIDE**



**RED**

Life

**ORANGE**

Healing



**YELLOW**

Sunlight

**GREEN**

Nature

**BLUE**

Serenity



**PURPLE**

Spirit

**WHAT IT  
MEANS TO  
BE QUEER  
AND HOW  
TO HELP**

JUNE 2023

# WHAT IS PRIDE MONTH

To Support and Celebrate  
LGBTQIA+ Community

## RAINBOW FLAG

is used to represent  
the LGBTQIA+  
community

## WHY DO WE CELEBRATE?



### KNOW THE HISTORY

Scan to learn about  
the first pride, and  
why we still  
celebrate today.



### WHY IS IT CALLED 'PRIDE'?

Pride is a celebration of queer identity. Throughout history, LGBTQ+ people have been shamed for who they are. Queer people deserve to feel proud of their identity just as non-queer people do.

### STAY SAFE!

Because of hate groups, Pride events can become dangerous. As precaution for emergency, remember to wear comfortable shoes for running, travel in groups and designate a sober person, and have two meet-up spots out of sight of the activity.



LOVE IS LOVE  
TRANS RIGHTS

# LGBTQIA+ AND THEIR MEANINGS

THE INITIALISM CONTINUES TO EVOLVE  
SO MORE IDENTITIES ARE INCLUDED!

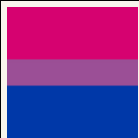


## LESBIAN

A WOMAN OR \*NON-MAN WHO IS ROMANTICALLY OR SEXUALLY ATTRACTED TO OTHER WOMEN OR \*NON-MEN

## GAY

A MAN OR \*NON-WOMAN WHO IS ROMANTICALLY OR SEXUALLY ATTRACTED TO OTHER MEN OR \*NON-WOMEN



## BI (SEXUAL)

A PERSON WHO IS ROMANTICALLY OR SEXUALLY ATTRACTED TO TWO OR MORE GENDERS

## TRANS (GENDER)

A PERSON WHOSE GENDER IDENTITY DIFFERS FROM THEIR ASSIGNED GENDER AT BIRTH



## QUEER OR QUESTIONING

A PERSON WHO PREFERS AN UMBRELLA TERM TO DESCRIBE THEIR IDENTITY, OR A PERSON WHO IS EXPLORING THEIR GENDER OR SEXUAL IDENTITY

## INTERSEX

A PERSON WHOSE SEXUAL ANATOMY DIFFERS FROM THE TRADITIONAL DEFINITIONS OF MALE AND FEMALE



## ASEXUAL OR AROMANTIC

A PERSON WHO ISN'T ROMANTICALLY OR SEXUALLY ATTRACTED TO OTHER PEOPLE

## PLUS SIGN (+)

A REPRESENTATION OF OTHER GENDER AND SEXUAL IDENTITIES THAT AREN'T INCLUDED IN THE INITIALISM



\*the terms "non-men" and "non-women" are important uses of inclusive language. This is because non-binary people are also considered in these identities

# CURRENT EVENTS

LGBTQ+ RIGHTS IN THE U.S. ARE IN DANGER THIS JUNE. HERE'S THE GIST:



## LGBTQ+ YOUTH

- ▶ Lawmakers are attempting to restrict LGBTQ+ youth from discussing and embracing their identity in schools, government facilities, and in public.

[aclu.org](https://www.aclu.org)

## TRANS YOUTH

- ▶ In May, Florida Governor DeSantis approved a bill that would take transgender minors away from their families if they are receiving or plan to receive gender-affirming care.

*CS/SB 254: Treatments for Sex Reassignment*

## LGBTQ+ ADULTS

- ▶ Due to unconstitutional law, Florida is under a travel advisory for LGBTQ+ people, people of color, and those with an accent or who are internationally traveling.

[floridatraveladvisory.com](https://www.floridatraveladvisory.com)

## TRANS ADULTS

- ▶ Florida has banned nurse practitioners from practicing gender-affirming healthcare. Because nurse practitioners make up about 80% of gender care in the state, most transgender individuals are left without care.
- ▶ In addition, Florida requires that a person's biology, regardless of legal sex, must align with the gendered public bathroom that the person is using. Refusal to cooperate can result in jail time for criminal trespass.

*Reed, Erin. "Florida's Trans Bathroom Ban Signed"*



## ALMOST 500 BILLS

Scan to find out what anti-LGBTQ+ legislation is being considered and enacted in all fifty states.

# RESOURCES



THE  
**TREVOR**  
PROJECT



"You deserve a welcoming, loving world. And so do the people you care about. Here you can reach out to a counselor if you're struggling, find answers and information, and get the tools you need to help someone else."



IT GETS  
**BETTER**  
PROJECT



"The It Gets Better Project is a nonprofit organization with a mission to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth around the globe."



HUMAN  
RIGHTS  
CAMPAIGN®



"Our goal at the Human Rights Campaign is to ensure that every LGBTQ+ person is free to live their life openly, with their equal rights ensured. We know that goal requires that we keep educating, supporting and inspiring ourselves and each other. In the spirit of that continual growth, we've compiled information and advice on a range of topics, including resources from the HRC Foundation."



Scan for more resources



**988** SUICIDE & CRISIS  
**LIFELINE**



SCAN TO GET  
HELP NOW

"LIFELINE CHAT AND TEXT IS A SERVICE OF THE 988 SUICIDE & CRISIS LIFELINE (FORMERLY KNOWN AS THE NATIONAL SUICIDE PREVENTION LIFELINE), CONNECTING INDIVIDUALS WITH CRISIS COUNSELORS FOR EMOTIONAL SUPPORT AND OTHER SERVICES VIA WEB CHAT OR TEXTING 988."

# CONTACT

★ LET THEM HEAR YOUR VOICE. CONTACTING YOUR LOCAL REPRESENTATIVES AND THE REPRESENTATIVES OF STATES UNDER ATTACK IS AN IMPORTANT STEP TOWARDS MINIMALIZING LEGAL DISCRIMINATION ★

## PENNSYLVANIA ✦

Scan to find information about PA's local representatives.



## DELAWARE ✦

Scan to find information about DE's local representatives.



## NEW JERSEY ✦

Scan to find information about NJ's local representatives.



## OTHERS ✦

It is important to contact other states' representatives to help the queer people who live there. The rights of those in states such as **Florida, Texas, and Tennessee** are under **attack**. Scan to find information about local representatives in other states.

