

REFORMATION'S HIKE & BIBLE STUDY

Reformation's Eco Ministry Team



STEP 1: CHOOSE

Choose a local walking or hiking trail to visit. Our Eco Ministry Team recommends the Hildacy Land Preserve, Ridley Creek State Park, and the Chester Creek Trail.

STEP 2: READ

Read Psalm 148 before, during, and after your walk or hike. What in the text captures your attention? Did you notice different things each time you read through the text?



STEP 3: WALK

Walk and look for the images you read in Psalm 148. What in nature is praising God? What from the text comes alive for you? You can take photos of what you see or write down a few notes to remember what you observe.

STEP 4: SHARE

Share with others what you notice. If you are walking with others have conversation while you walk together. Once you return home, share photos and reflections from your walk in Reformation's Facebook Group. In your post include [#hikeandbiblestudy](#) [#relcmedia](#)



QUESTIONS? CONTACT PASTOR ALINA
(PASTORALINA@RELCMEDIA.ORG)