



ADVENT & HYGGE: THE ART OF COZINESS

# HYGGE CONVERSATIONS

Get cozy and talk with those you love about  
the everyday blessings of life

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Use the following questions for conversation prompts with your family at home or connecting with friends and family virtually. Ask one, a few, or all to see what your family thinks about these topics! There are questions for all ages and family groups and sizes! There is no right answers – just time enjoying the coziness of life together.

*Some questions come from The Hygge Game: Cozy Conversation with Pleasant Company.*

- ❖ How many languages can you say “I love you” in?
- ❖ Which are smarter, cats or dogs?
- ❖ If you could go back and relive one day of your life, what day would it be?
- ❖ If you could see into the future, how far ahead would you want to see?
- ❖ What is your favorite Christmas carol?
- ❖ Is it better to grow up in a large family or a small family?
- ❖ In what ways do you make other people’s lives better?
- ❖ What is your first memory of each person in the room?
- ❖ What is the best TV show of all time?
- ❖ Describe a time when you felt very nervous?
- ❖ What is the nicest thing someone in this room has ever done for you?
- ❖ Which of your family members do you look like the most?
- ❖ Describe a time when you helped a stranger.
- ❖ What smell reminds you the most of childhood?

- ❖ What is the most meaningful gift you've ever received?
- ❖ Who is the most interesting person you have ever met?
- ❖ What personal quality do you know people appreciate about you?
- ❖ If you could live anywhere, where would you live and why?
- ❖ What would you like to be better at?
- ❖ If you could take a vacation anywhere in the world where would you go?
- ❖ What do you do differently from most people?
- ❖ Who has been the biggest role model in your life?
- ❖ What is your favorite part of Christmas?
- ❖ What kind of people do you most admire?
- ❖ What is your favorite animal at the zoo?
- ❖ Name one thing that most people don't know about you?
- ❖ What book changed your life?
- ❖ What is your favorite Christmas tradition (or one you'd like to start)?
- ❖ What is the most important school subject?
- ❖ What movie do you wish they'd make a sequel to?
- ❖ What would a perfect day look like for you?
- ❖ If you had a time machine, would you rather travel to the future or to the past?
- ❖ What is the most intelligent animal?
- ❖ What is the most important room in a home?
- ❖ Name something that one of the people sitting next to you is good at.
- ❖ Can you think of a time when you were really in the right place at the right time?
- ❖ What topic or subject do you love learning about?
- ❖ What is your greatest wish for the upcoming year?
- ❖ What is your earliest memory?
- ❖ What has been the best day of your life so far?
- ❖ Is there any talent that seems to be passed down in your family?
- ❖ What is the best song ever written?
- ❖ What is the most delicious meal you've ever eaten?
- ❖ Did you try anything for the first time in the past year?
- ❖ What does the phrase "living a good life" mean to you?
- ❖ What teacher had the greatest impact on you?
- ❖ What quality do you appreciate the most in a friend?

